

BREATHE
EXTRA BLOCK of KAL “12 Blocks for Xmas”
by Cecilia Fameli

- CO 47 sts with US 8 (5 mm) needles.
- With US 7 (4.5 mm) needles, knit 4 rows.
- Work 5 rows in Stockinette Stitch with 3 garter sts at each side.
- Knit 1 row.
- Continue working in **BREATHE Pattern** with 3 garter sts at each side (there's a ROW-BY-ROW instruction below) until you have a total length of 9.25" (23.5 cm).
- Knit 4 rows.
- Bind off with US 8 (5 mm) needle. Cut yarn and weave in ends.

“BREATHE” PATTERN WITH 3 GARTER STS AT EACH SIDE: ROW BY ROW

Row 1) k all sts

Row 2) k3, purl to last 3, k3

Row 3) k all sts

Row 4) k3, purl to last 3, k3

Row 5) k all sts

Row 6) k3, purl to last 3, k3

Row 7) k all sts

Row 8) k all sts

When you finish row 8), start again from row 1) to work the next repeat of this part.

I knitted 7 times rows 1) to 8), and then rows 1) to 5) to reach the total length of 9.25" (23.5 cm).

